

# ABOUT YOUR THERAPIST



CORT CURTIS, PH.D.

*"What lies behind  
us and what lies  
ahead of us are  
tiny matters  
compared to  
what lives within  
us."*

*~Oliver Wendell Holmes*

## A STRONG EDUCATIONAL BACKGROUND

*"Although a psychologist's formal education forms the foundation of his work, I believe true education is really an education in self-awareness and life-experience. I have a broad range of education having studied psychology, philosophy, spirituality and my own inner world."*

- **Undergraduate Training:** B.Sc. Psychology, Tulane University in New Orleans (1971)
- **Graduate Training:** MSW Social Work, Tulane University in New Orleans (1973)
- **Post Graduate Training:** Ph.D. Alliant International University in San Diego (1987)
- **Many workshops, seminars and specialized trainings**

## A BREADTH OF EXPERIENCE

*"Working with thousands of people with a range of problems and situations has activated my compassion for the human condition."*

- Broughton Hall Psychiatric Center, Sydney, Australia (1972-74)
- Capistrano-by-the-Sea Hospital, Dana Point, CA (1974-78)
- South Coast Medical Center, Laguna Beach, CA (1978)
- Hoag Hospital (1978)
- Hospice (1979)
- Orange County Mental Health (1981-89)
- Orange County Drug and Alcohol Services (1989-1999)
- Orange County Children and Youth Services Consultant (1999)

## EXPLORATIONS AND JOURNEYS

*"Being a good therapist is impossible without exploring the depths of one's own inner world. My life is an on-going journey of daily growth and self-discovery."*

- Personal therapy
- Journal writing
- Groups
- Personal growth workshops and seminars

## RELATIONSHIPS AND FAMILY

*"Our relationships with family and loved ones is the school in which we learn the most important lessons of life."*

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Married to Mary since 1981  
Father of Cassie (b. 1981) and Michael (b. 1983)