

## Quotes

**"The small talk of everyday life can be a genuine road towards contact, a way of getting to know somebody, a prelude to more profound exchanges, a simple and natural approach.**

**But, let us admit it, it is also often used as a means of avoiding personal contact. It is like a prologue that goes so long that people end their conversation without ever touching on subjects that would compel them to enter into real dialogue"**

***-Paul Tournier, The Meaning of People***

**"Communication is to a relationship what breathing is to sustaining life"**

***-Virginia Satir***

**"Starting each day I shall remind myself to really listen to you, to try to see your point of view, and discover the least threatening way to offer you mine, remembering that we are both changing in a thousand subtle ways"**

***-Leo Buscaglia, Living, Loving & Learning"***

**"I'm not what I ought to be. I'm not what I want to be. I'm not what I hope to be. But thank God, I'm not what I used to be."**

***-John Newton***

**Starting each day I shall try to learn something new about me and about you and about the world we live in—so that I may continue to experience all things as if they have been newly born. Because every single day of our lives, every moment of that day, is a new Happy Birthday.**

***-Leo Buscaglia, Living, Loving & Learning***

**Starting each day I shall remind myself that I am human and not demand perfection from you until I myself am perfect—so you're safe.**

***-Leo Buscaglia, Living, Loving & Learning***

**What loneliness is more lonely than distrust?**

***-George Eliot***

**Two may talk together under the same roof for many years, yet never really meet.**

***-Mary Catherwood***